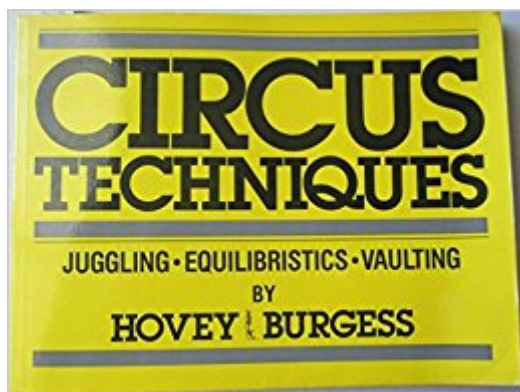


The book was found

Circus Techniques: Juggling, Equilibristics, Vaulting



Synopsis

Book by Burgess, Hovey

Book Information

Paperback: 176 pages

Publisher: Brian Dube; Revised edition (January 1990)

Language: English

ISBN-10: 0917643062

ISBN-13: 978-0917643064

Product Dimensions: 0.5 x 8.2 x 10.8 inches

Shipping Weight: 1 pounds

Average Customer Review: 4.6 out of 5 stars 8 customer reviews

Best Sellers Rank: #1,212,800 in Books (See Top 100 in Books) #117 inÂ Books > Arts & Photography > Performing Arts > Theater > Circus #1038 inÂ Books > Sports & Outdoors > Miscellaneous > Reference #95263 inÂ Books > Humor & Entertainment

Customer Reviews

Book by Burgess, Hovey

Great book!! Covers so much!

at least I got my money's worth. juggling, balancing, vaulting, trapeze, unicycles, and much more is all covered. all looks good to me, but I'm only a beginner, so I can't give you a serious evaluation.

I read the reviews and the book is awesome. nice progressions, i really enjoyed his thought process on how to improve and why.

This book covers a wide variety of techniques and is very logically arranged. The sections on advanced techniques all have very good safety tips. The section on how to construct your own equipment was especially good.

I had to order this book for a circus performance class, and although I had to drop the class because I was taking too many credits, I decided to keep the book because it had so much good information in it. As a gymnast I found the sections on equilibristics to be very interesting, and

pertinent to my sport. Overall this is a very good book on body mechanics and the application of physics.

I got the bug to learn how to wire walk. Okay, so I'm not going to do it from very high, but I've been using a Rolla-bolla board to improve my balance and this is a next step. This book covers all kinds of circus acts and gives you a step by step program toward learning how to do them. You still have to develop the physical skills, but this does a great job of getting you there without personal training. I love it!

this book is geared for circus stunts, mostly acrobatics, and none of it is directed towards vaulters who do gymnastics on moving horses. however, if this book is carefully read, one can find all sorts of tips on the simplest things, such as handstands, to more intricate lifts. our vaulting club has found it to be a very good resource.

One of the most sought after books on circus style tricks and stunts. Various techniques and tactics for inverted physical stunts (including bending), vaulting, juggling, stack equilibristics, tumble applications, gyroscopics, rigging, catapulting and other circus techniques are covered.

[Download to continue reading...](#)

Circus Techniques: Juggling, Equilibristics, Vaulting Juggling With Finesse: The Definitive Book of Juggling The Instant Juggling Book: With New and Improved Juggling Cubes Juggling: Master the Skills of Juggling With Balls, Rings and Clubs Juggling: All You Need to Know to Develop Amazing Juggling Skills Amigurumi Circus: Crochet seriously cute circus characters Gifted: A Donovan Circus Novel (Donovan Circus Series Book 1) Vaulting: Tips, Rules, and Legendary Stars (Gymnastics) Juggling Life, Work, and Caregiving Juggling Secrets: Learn How to Juggle Today Juggling: From Start to Star Lessons From The Art Of Juggling: How to Achieve Your Full Potential in Business, Learning, and Life Dr. Dropo's Juggling Buffoonery How To Be A Goofy Juggler: A Complete Course In Juggling Made Ridiculously Easy! Jason Garfield's Theory And Practice Of Juggling DVD Juggling Step-By-Step Book & Gift Set Three Ball Digest: All You'll Ever Need to Know About Juggling Three Balls Plus Mastering the Headroll Pathways in Juggling: Learn how to juggle with balls, rings, clubs, devil sticks, diabolos and other objects Pick up Some Balls - A Beginner's Guide to Juggling Balls, Clubs and Rings Professor Murphy's Juggling Balls (Professor Murphy's Emporium of Entertainment)

Contact Us

DMCA

Privacy

FAQ & Help